

EXPER-TIESS GYMNASTICS

“For Fun and Fitness”

Our Mission: To provide a safe, positive environment for children's fitness using the fundamental principles of gymnastics, while building confidence, strength, flexibility, and creativity.



EXPER-TIESS GYMNASTICS

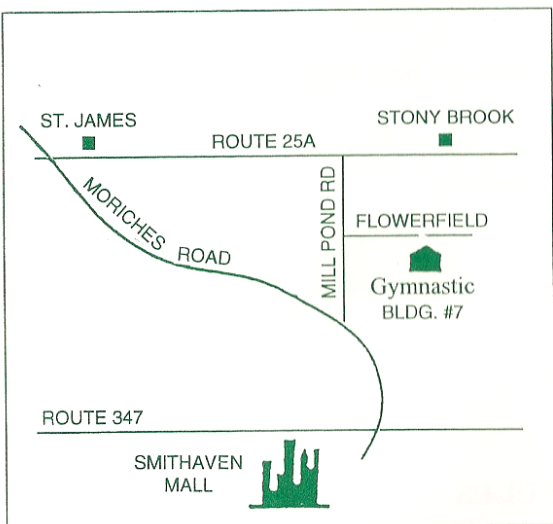
7 Flowerfield, Suite 14

Mills Pond Road

St. James, NY 11780

USA GYMNASTICS MEMBER CLUB

NEARBY IN FLOWERFIELD



CELEBRATE YOUR BIRTHDAY AT
EXPER-TIESS GYMNASTICS.

WE ARE COMPETITIVELY PRICED
AT \$225 FOR 10 CHILDREN AND
\$15 PER CHILD FOR ADDITIONAL
PARTY GOERS.

CALL US FOR INFORMATION
ABOUT OUR FUN-FILLED PARTIES!

GYM ATTIRE:

Leotards are required for pre-school as well as all girls gymnastic classes. Tights may be worn but have to be footless. No two piece garments are allowed. Boys should wear elastic waisted shorts and a tucked in shirt. No belts or jeans. Shoulder length hair must be tied back. No jewelry is allowed in gym. Children should have bare feet. **IMPROPER ATTIRE CAN BE A SAFETY HAZARD TO THE CHILD AS WELL AS THE SPOTTER.**

GYM AND OBSERVATION RULES:

Parents are responsible for their own children while they are in the observation area. No child is to be left unattended. Running on the floor or sitting on the wall is not allowed.

Parents are not permitted in the gym at any time; this is for the safety of all children.

Also Available:

Private Lessons

Cheerleading/Tumbling

Flip Trips

EXPER-TIESS GYMNASTICS

A National Elite Training Center

Tel (631) 584-8116

Fax (631) 584-6482

expertiess@aol.com

WEEKLY SCHEDULE

	MON	TUES	WEDS	THUR	FRI	SAT	SUN
CLASSES		10:00-10:45 AM	10:00-10:45 AM	10:00-10:45 AM		10:05-11:05 11:15-12:15	FUN-FILLED BIRTHDAY PARTIES
1 HOUR CLASS START	3:30 PM 4:30 PM	1:45 PM 3:30 PM 4:30 PM	3:30 PM 4:30 PM	3:30 PM 4:30 PM	1:45 PM 3:30 PM 4:30 PM	BIRTHDAY PARTIES	
G&T & *Intermediate	4:30 - 6:00 PM	4:30 - 6:00 PM	4:30 - 6:00 PM	4:30 - 6:00 PM	4:30 - 6:00 PM	Level 3 & 4 8:00-11:00 AM Open Team Workout: 9:00 - 11:00 AM	
1.5 HOUR CLASS START *INT & *ADV	6:00 - 7:30 PM 7:30 - 9:00 PM (Cheer)		6:00 - 7:30 PM				
Level 3 & 4	4:30 - 7:30 PM		4:30 - 7:30 PM				
For specific team practice schedules please call. We offer private classes for groups of 4 or more. Please call for more information.							

*Gym Experience Required

**Morning Open Team Workouts as announced

SESSION 1: September 8th—January 15th

SESSION 2: January 5th—May 21st

*Session start/end dates depend on day of class

PLEASE CALL FOR SUMMER INFORMATION

TUITION FOR 16 CLASSES

1 Hour Class - \$380

1 ½ Hour Class

(Payable Monthly) - \$125

2 x 1 ½ Hour Class - \$200

At Exper-Tiess you will find gymnastic programs for boys and girls from 3 years to 18 years. Classes are conveniently scheduled from 10:00 am to 9:00 pm Monday through Friday, and 9:00 am to 12 noon on Saturday. We feature small classes with the emphasis on safety with a maximum of personal attention for every gymnast from beginner to advanced (Level 2 – Elite).

Exper-Tiess gym has been owned and operated by the Tiess family since 1988. All of our instructors are safety certified.

There is a \$40.00 annual registration and insurance fee.

Tuition is based on one class per week.

The gym will be closed for the following holidays:

Thanksgiving (Nov. 24th-26th)

Holiday Vacation (Dec. 24th—Jan 2nd)

Winter Recess (Feb. 21st—25th)

Easter/Passover (April 18th—25th)

Memorial Day (May 30th)

RULES AND POLICIES:

Exper-Tiess has continuous registration for all new students. We will pro-rate tuition for all new students if more than two classes are missed. Missed classes may be made up according to our make-up policy.

We offer a 10% discount off tuition for a second class per week.

There is a 10% discount off tuition for the siblings.

Exper-Tiess offers 15% off tuition to students who pay for both sessions in full. No other discounts apply. NO REFUNDS WILL BE ISSUED. All payments must be made before the first class of the session.

First session registration begins the second week of August. Second session starts the second week of January.

MAKE-UP CLASSES:

Exper-Tiess has an open make-up policy. Any missed classes may be made up by making arrangements with the desk. If you schedule a make-up and fail to attend, your record will show that you made up this class. Any class may be used as a make-up, provided the class is of the same age, time frame and space available. **Make-ups are limited to the current session only and are lost if not made up. They CANNOT be carried over to any other session.**

WEATHER CLOSINGS:

Please watch Channel 12 on your TV. Exper-Tiess will follow Three Village School Districts closings for morning classes. The conditions will be reassessed for afternoon and evening classes at 12 noon. Please call our office – (631) 584-8116 at that time to check the status. In the event your class is cancelled due to inclement weather, the class can be made up according to our make-up policies.

REFUNDS:

No refunds will be given after the first day of class. Please understand that you are responsible for the full session once your child begins classes. If your child is absent due to a prolonged illness, you may apply the tuition to the next session.